



Big Bear Bespoke Education Ltd & The Bravura Group

We met with a sample group of Hampshire and Surrey educators, teachers and managers to ask what they need from mental health and well-being consultancy. They left very pleased to hear that what they want does already exist – if you've not heard of us before and would like a free face to face consultation please get in touch!

Website: www.bravura.info 01483 892213 Email: reception@bravura.info



- ✓ Consultants who have recent and relevant on-going experience of teaching as well as experience and qualifications in mental health – people who understand the constraints of a classroom
- ✓ Consultants who will discuss bespoke approaches to individual and group needs in your setting and context – never promoting a generic solution or promoting a 'programme for mental health'
- ✓ CPD courses which are not glossy generic power point presentations – real courses, with opportunities to talk, experiment and progress
- ✓ Training that builds capacity and confidence, enabling institutions to develop student resilience in context
- ✓ Support with purposefully integrating mental health, including the new PSHCE framework, into a meaningful curriculum and ethos that fits the needs of the institution with all materials owned by the brokering setting, for the brokering setting
- ✓ Support with the more extreme aspects of mental health such as self-injury and specific diagnosis such as OCD, PTSD as well as support for depression and more generalised anxiety
- ✓ Packages for single institutions or groups of institutions – to save costs and ensure consistency
- ✓ Consultants who recognise the need to please Ofsted, but are more interested in building something which is effective in your context – which you can then impress Ofsted with
- ✓ FREE supervision and network meetings for those in pastoral roles in schools, nurseries, children's centres and other educational settings